



Seed Starting PLAN

midwestgardengal.com



- 1 Google "<city, state (or zip code)> last frost date" to find your last average frost in spring.
- 2 Write the last frost date for your region in the space provided.
- 3 Using a calendar, add or subtract the number of weeks in the "Planting date outside" column from your date of last frost.
- 4 To calculate when to start your seeds inside, subtract the number of weeks from the "Planting date outside" from the "Growth period". Record that date in "When to start inside".

SEED/PLANT	When to start inside	Growth period (from sowing)	Safe to set outside (relative to last frost date)	Planting date outside
Beans*			2 weeks after	
Beets*			2-3 weeks before	
Broccoli		6 weeks	2 weeks before	
Brussel Sprouts		6 weeks	3 weeks before	
Cabbage		6 weeks	3 weeks before	
Carrots*			1-2 weeks before	
Cauliflower		4-6 weeks	2 weeks before	
Collards		4-6 weeks	4 weeks before	
Corn (sweet)		2-4 weeks	2 weeks after	
Cucumber		2-4 weeks	1-2 weeks after	
Eggplant		6-9 weeks	3 weeks after	
Kale*			As soon as soil can be worked	
Leaf Lettuce*			As soon as soil can be worked	
Melons		3-4 weeks	2 weeks after	
Okra		4-6 weeks	2-4 weeks after	
Onion		4-6 weeks	2-3 weeks before	
Peas*			As soon as soil can be worked	
Peppers		8-10 weeks	2 weeks after	
Pumpkin**			1st week in June	
Radish*			3-4 weeks before	
Spinach*			As soon as soil can be worked	
Squash**			1st week in June	
Tomato		6-8 weeks	1 week after	
Tomatillo		6-8 weeks	1 week after	

Key

* = These seeds are direct sown outside.

** = Unique to pumpkin, squash and gourds. Direct sow outside after June 1 to avoid squash vine borer.

LAST FROST DATE

